ONE FOR THE ROAD

(a taster)



being a poetic account of a hitch-hiking & wild camping pilgrimage around sacred places and public houses of the British Isles

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AUTHOR'S NOTE

Several summers ago I set off on a hitch-hiking and wild camping pilgrimage around sacred places and public houses of the British Isles.

And several times in the intervening years I've tried writing up the adventure in travelogue form. For a long while I thought the challenge was to develop a prose style I was happy with. I sweated a lot of ink. Because switching from poetry to prose was like learning a totally different instrument – or even a whole different form of music.

But then I woke up one morning this May and went "F*** it – my prose is pretty good now, but fundamentally I'm a village poet." It was both a shocking and liberating epiphany.

I obediently placed a quarter of a million words upon the creative compost heap. Yikes.

A few days later the following hypothesis arose: what if, on my pilgrimage, the seeds of poems were planted in the places I visited? And what if my task now is to revisit those places, and harvest those poems?

I recently visited Dartmoor to road test this hypothesis, and three of the poems I discovered there are included herein.

And so, this summer-autumn I am setting sail (in my car, with a tent), following my hitching foot prints and thumb prints – in order to meet and reap whatever poems are awaiting me in these places. And in the autumn-winter I will put them all together into a self-published book, which I'll then take on tour.

I've included several old poems ("Saint Sid of Corby" & "The Realm of the Beggar King" & "Hobo poet") in this little taster, three from the original journey, the three from my recent Dartmoor excursion, and a few haikus to boot.

I hope the little collection below gives you a flavour of what I'm up to.

Enjoy,

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One love,

Saint Sid of Corby

Just east of Northampton (by the Lumbertubs roundabout on the A43) you pull over for me and my outstretched thumb

I lug my rucksack up into your cab and climb up and over and in with almost childish excitement (for lifts from lorries are nowadays so rare)

Five minutes into the journey as if on an angel's nod or wink you quickly cross-fade our conversation over to that Deeper Stuff we wayfarers are always hungry for and I feel that hitch-hiking glow in my hitch-hiker's heart at the meeting of two instantly comfortable strangers

"See that, Stephen," you say pointing to the army of hairs on your forearm now standing to attention as one

"That tells me something important is happening in here right now"

You drop me off just outside Corby but as I climb down you call me back up

"Stephen," you say
"If ever you find yourself
standing on the edge of something
you know you've got to do
but are dithering about doing it
just think of Sid
right behind you, mate
giving you a mighty royal kick up the arse"

Ah, Sid, many times over the years
I've remembered you and your words
(and blessed you and all that you love)
but until today
I've never dared redeem that promise that you made

but my dithering soul sure needs a mighty royal kick right now

Ah, good Sid wherever you are by the hairs on your arm and the hairs on my arse let your sweet boot swing, my friend let your sweet boot swing



"To be on the road is to be home again."

St. Columba

No mud, no lotus

Everyone knows we need to have mud for lotuses to grow.

The mud doesn't smell so good, but the lotus flower smells very good.

If you don't have mud, the lotus won't manifest.

You can't grow lotus flowers on marble.

Without mud, there can be no lotus.

Thich Nhat Hanh No Mud, No Lotus: The Art of Transforming Suffering

At the foot of the waterfall
I told Archie of my plans
to go on a hitch-hiking pilgrimage
around some of Britain's

sacred sites and holy places

Archie paused for a moment and then simply added:

"And pubs!"

We both grinned in agreement and a cool misty waterfall breeze passed between us and through us and on its merry way

And then Archie proceeded to climb the waterfall (because that's the sort of thing that Archie does)

And thus the seed for this journey was planted:

A hitch-hiking and wild camping pilgrimage
around sacred places
and public houses
of the British Isles

The sacred and the profane
The temple and the church and the pub
Spirit and spirits and beer
The lotus and the mud



Eve of pilgrimage excitement

It's one of those exquisitely fresh and sunny mid-mornings in May with more than a hint of summer in the edible blue sky and I'm sitting on the back of my brother's mid-life Harley as we rumble through Beckenham

bound south for the never-ending charms of the M25

The sun's beaming directly into my be-goggled eyes and I can feel eve-of-pilgrimage excitement percolating through my hobo veins and brain like a triple espresso laced with a generous tipple of rum

Places names roll on by forming a sort of poetry in motion within my pillion mind:

Beckenham, West Wickham Addington, Forest Dale Selsdon, Sanderstead Harnsey Green...

We snake down a surprisingly rural backroute occasionally ambushed by wafts of hawthorn's sweet and spunky scent before sliproading onto the ouroboric London Orbital

Along arterial motorways and then vascular A-roads we cruise occasionally riding through shadow-dappled tunnels of luminous green before squeezing through the capillaries of Marlborough town with its oh-so-familiar privileged public schoolboys and their privileged public schoolboy stride

... Marlborough, Manaton Fyfield, West Overton...

Turning right onto the West Kennet Avenue we pass between two guardian megaliths overtake a woman on a mobility scooter (who's hurtling along at an impressive rate of knots) and then for a few hundred yards we sail alongside the ancient avenue of paired standing stones

Ah

you can sense Avebury approaching before you reach it just like you can sense the sea before you actually glimpse it

And then there she blows!

The southern entrance to quite probably the largest megalithic stone circle in the whole wide world

The sacrilegious road carries us through the outer henge and over the inner ditch and into the giant stone circle which once contained two inner stone circles which once encircled (so the old man in the old Antiques Shop once told me) a megalithic phallus and a megalithic vulva

Penetrating circles within circles within circles we coast into the car park of the Red Lion which proudly (and quite rightly) proclaims itself to be "the only pub in the world inside a stone circle"

The early summer starting point and (all goes well) the late summer finishing point of this hare-and-tortoise-brained pilgrimage adventure



if these stones could speak oh the stories they would tell once upon a time

Windmill Hill

Much later

as dusk cross-fades into blue-black night

I follow a meandering path through darkening meadows overflowing with thousands upon thousands of buttercups and dandelion clocks tightly wound and fit to burst

and then
slowly she rises upon the horizon
a gentle swelling of land
with three visible mounds on top
and a Venus-tipped crescent moon
setting directly above her:

Windmill Hill

I pitch my tent atop one of the mounds improvise some barefoot evening prayers of gratitude and then raise my hip flask of single malt to the slender, waxing moon

Whisky gently glugs through the night air and spills into the earth below "To the ancestors!"

I declare out loud just so that they know that this one's for them

Dad used to baulk at this alcoholic ceremony of mine "That's a waste of good whisky, Stevie-boy," he'd say

"I hope you appreciate it now," I whisper pouring him an extra, gratuitous glug

Then I neck a slug of the old fire water myself
and follow its course down my gullet
until it hits my stomach
where it explodes into a fiery whisky-cloud
which rapidly blooms through my body and being and brain

Overhead The Plough is now furrowing the night and the Milky Way has come out to dance and another planet is rising from the east – Jupiter, perhaps?

Ah

I suddenly feel pleasantly knackered and quietly blessed to boot (which sure ain't a bad way to end any day)

I climb inside my faithful tent
zip shut both its doors
caterpillar down into my old sleeping bag lover
and soon dissolve into
dreamy Windmill Hilltop slumber...



Kings and Queens of Avebury

During the war, he said we lived like kings and queens upon the land

The fields were full the hedgerows ripe with berries the rabbits fat and easy to catch

And an endless summer barely scathed by war bloomed and blossomed within my mind

He was a proper English pagan gent he was: courteous mischievous kind



the longest journey begins with a single thumb begging for a lift



Venford Reservoir (Bosh! Mix)

Three rather plump Dartmoor lambs posessed by the local reservoir sprites (or perhaps the surplus energy of the season) are racing and chasing around the car park at dusk head-butting and bum-butting and lamb-leaping and lamb-jumping with such uncontainable and boistrous delight that my heart can't help but smile

They all suddenly stop

And look at one another

as if temporarily overwhelmed by playful possibility and hormonal wonder

(or maybe they're playing tag but have forgotten which one of them's "it"?)

Bosh!

a head-butt instantly rekindles the game racing and chasing around the car park like three rather plump Dartmoor lambs posessed by the local reservoir sprites and the surplus joy

of the season



Scorhill

"The true miracle is not walking on water or walking in air, but simply walking on this earth." Thich Nhat Hanh

(i)

Lying on my back
on the middle of Teign-e-ver clapper bridge
under this vast and open Dartmoor sky
surrounded by these vast and rising hills
a slighty dizzying, almost timeless peace arises

(ii)

Lowering my body
through the Tolmen stone
above the gently chuckling Teign
I imagine my life as a thread
now for ever stitched into
this particular tapestry
and trinity
of earth and rock and river

(iii)

I feel so profoundly at home lying down at the centre of these Scorhill stones

When
(inevitably)
I pop my crocs and cease
pray, bury me here
beneath a barrel of beer
and I'll happily rot in peace

(iv)

One of the local wild cows is now grooving and grinding its body up and down and all around one of the sturdy triangular stones

a glimpse of neopagan, neolithic bovine itch-scratch-blis



unzipping my tent a dozen bullocks greet me sweet scent of their breath



Wistman's Wood

Come to Wistman's Wood
of an evening
in late May or early June
when the sun is still travelling bright
above the darkening flanks of Beardown Hill

when the robin and chaffinch and the wren are weaving their evening taunts and tunes through the slowly dampening, evening air

and sit upon a nearby rock

and gaze a while

upon and through these
backlit, sunlit, tangled trees
branches wrapped with rich and mossy cloth
and draped with silver-green wisps and tails of lichen

and let your body rest a while

and be gently charmed by this ancient, oaken, emerald wonder

and yet
if you linger a little while longer
(and as the sun begins its descent down under)
perhaps you'll also sense
within Wistman's warp and weft
an ancient sadness too

a glimpse of this land, perhaps before the first Mesolithic axe began our brutal, human claim

no wonder the medicine here is so strong

for this is a place to remember long-forgotten songs



beneath this old oak a rat pauses by my feet a meeting of eyes

Pilgrim's progress

Just put one foot in front of the other

Leave all fancy angelic-apparition-beatific-vision-instant-bolt-of-enlightenment hopes and plans and dreams behind

Instead pray constantly that sore twinge on the bottom of your big toe doesn't rub itself into a blister

Trust the path before you and if you believe in God trust God otherwise trust your legs

Trust the path trust your knees trust your feet trust your toes trust your soles

No fancy pants no fancy plans just one pilgrim foot in front of the other pilgrim foot and then that one in front of the other

And when you ease into your wayfarer's bed at the end of another well-trod day let your aching salty faithful body softly open its pilgrim belly and to the snoring rafters raise exhausted hymns of gratitude and silent songs of praise



The Realm of the Beggar King

When there are no keys in your pocket and no cares on your mind
When you don't know the day
and you don't know the time
When the sun's your only compass
and the moon's your only lover
When the stars are your ceiling
or a yew tree is your cover
When you envy no creature
except the bird on the wing
Then you know you're at the helm
of that liminal realm:
the realm of the beggar
king

When your sweat smells of vinegar and your underwear smells of cheese When there are outbreaks of mutiny among the regiments of your knees When that blister on your sole begins to slip and to slide When you've been standing three hours or more but still ain't got a ride When your belly begins to growl and your boots begin to ming Then you know you're at the helm of that liminal realm: the realm of the beggar king

When you're in a foreign land yet feel totally at home
When the sunlight on the mountainside thrills you to the bone
When that complete stranger at the wheel feels as easy as a friend
When you've pitched your tent on a western shore and don't want the day to end
When the dawn chorus wakes you up and makes you want to sing
Then you know you're at the helm of that liminal realm:
the realm of the beggar king

When some boy racer's just given you the finger or some snotty brats have given you the thumb When you're tempted to hurl curses back When your faith in life's gone numb When you daydream of past glories and fear you've lost the knack When you wonder why you keep on doing this shit but there ain't no turning back When all the spiritual tomes you've ever read no longer mean a thing Then you know you're at the helm of that liminal realm: the realm of the beggar king

When you're in the middle of nowhere yet in the scheme of things
When the hobo angels by your side are pulling all the strings
When you've remembered the rules of thumb and life is but a game
When that vehicle on the horizon is calling out your name
When that old red Porsche has just pulled over or that family of four has squeezed you in
Then you know you're at the helm of that liminal realm:
the realm of the beggar king



Hobo poet

Hobo poet worships the spirits of the hedge a dry ditch makes the perfect bed he does not judge the weeds but sometimes envies the nimble excitement of the bees

Hobo poet knows the long loneliness drinks from forgotten springs and wells pleasures himself amid the hawthorn cries blue moon tears on the shoulder of a stoical oak

Hobo poet feels at ease in the strangest of places wakes up besides a silent sea breathes in life's airs and graces

Hobo poet pockets abandoned words

Hobo poet silently skirts any fearful town lest the townsfolk accuse him of stealing their dreams and put him in the stocks as a warning to their children

Hobo poet dares the young boy with the faraway gaze to join him on an adventure

Hobo poet remembers and then forgets he smells would give all he owns to touch a pretty woman's pretty skin

Hobo poet dries his socks upon the brambles and rubs his fingers between his toes till the raw gaps peel and gleam

Hobo poet bimbles as aimlessly as a lazy cloud and when he is sure that nobody can hear him sings bashfully to God

Hobo poet leaves his hobo mark on the lintel of every kindness

Hobo poet knows not to argue with ghosts

Hobo poet often dreams of home

Wakes



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